

# Agenda: MHANZ Southern Regional Group

**Date & Time:** March 28<sup>th</sup>, 2023, 12 – 1pm

**Zoom link:**

<https://us06web.zoom.us/j/84567716280>

Welcome;

Previous meeting:

MHANZ Newsletter

AGM May 12<sup>th</sup>, 2023.

MHANZ committee

Simple starts ó sit to stand.

Equipment ó what are people finding helpful

## **Minutes:**

After difficulty trying to use the Zoom link provided, a private zoom meeting was set up for 12.30 ó 13.10.

Present: Haim Haviv, Sarah Champion, Oliver Batchelor, Theresa White.

Apologies: Nil.

Last meeting ó 8<sup>th</sup> June, 2022. Only Haim present. Other scheduled meetings have had no participants.

The MHANZ members on the southern DHB website to be emailed prior to the next regional meeting so they are able to add it to their personal calendars.

MHANZ Newsletter: Comment was made that the Website is not often accessed by the current members. Southern regional chair to ask MHANZ if she can send the newsletter via email to these members

Discussion about the AGM coming up on 12<sup>th</sup> May. Haim unable to attend as he has a full day training. Sarah may be able to attend for the morning as she is busy for the afternoon.

There was a short discussion about equipment available, and the new HoverMatt T-Burg suited for OT areas. Sarah made the comment that Drø̆s donø̆t get training around moving & handling and they are the ones who tend to take control of movements in theatre. With no

training they tend to do what they have learnt from previous theatre staff, ie Drø. This makes introducing new equipment & ideas challenging.

Also discussed was the limitations for moving & handling after hours when staff is very limited ó Sarah identified issues in radiology finding additional staff for transfers. Haim commented that this is not usually an issue on the Southland hospital site due to facility design & staff proximity.

Sarah also commented that orderlies & Allied Health receive training as they are invited to training sessions. Haim indicated that as orderlies on the Southland site are contracted ó as they are on the Dunedin site ó their policy indicates that they can get general Moving & handling training but they are not involved in moving patients.

There is also a Bariatric co-ordinator who works across the district, & is a 6-month secondment.

Those present at the meeting were made aware of the need for additional MHANZ committee members and were invited to consider this.

Glenda provided a brief education slot: a very basic sit to standø and the importance of patients pushing themselves up from a seated position, with their heads raised, looking up, rather than pulling themselves using a walking frame or similar.

Meeting ended 13.10.