

Canterbury Regional Group  
Meeting Minutes

25 August 2020  
Zoom meeting  
7.00 pm to 8.00 pm (1.0 hour)

Facilitator:	Jessie Snowdon
Minute taker:	Sue Alexander
Apologies:	Ann Newsom, Lucie Hartfield
Attendees:	Jessie Snowdon, Sue Alexander, Rebecca Washbourn, Helen Murray, Jo Heggarty, Kim Ridl, Kate Wallace
Previous minutes:	Minutes from 26 September 2019 Proposed as true and accurate record: Rebecca Washbourn Seconded: Jessie Snowdon
<b>Agenda:</b>	
1.	<p><u>National MHANZ committee feedback</u> AGM held on 22 May 2020 via Zoom – several Christchurch members attended. Minutes available on MHANZ website. Note that subscription to the American journal SPMH has been discontinued.</p>
2.	<p><u>Feedback on lockdown issues</u></p> <ul style="list-style-type: none"> <li>- Cubro continued to supply essential equipment as required (Helen Murray).</li> <li>- High number of falls and deterioration of people during lockdown – this meant that plans required changing once physios able to visit.</li> <li>- Residents in some facilities were being kept in bubbles within their room and not mobilising.</li> <li>- Limited access by therapists to facilities – Kim reported she was able to see people in hospital level care (because she only works in one place).</li> <li>- Reduced number of staff – higher numbers were off work because they were unable to work if feeling unwell for any reason.</li> </ul>
3.	<p><u>Transferring patients who have collapsed</u> Prior to the meeting Jessie had circulated articles from UK Resuscitation Council; South Australian Government and an email from member of AAMHP.</p> <ul style="list-style-type: none"> <li>- Some instructions were difficult to interpret.</li> <li>- Different approaches were presented.</li> <li>- Many residents in aged care are not for resuscitation, so may be preferable to leave them in a chair and move to a quieter location.</li> <li>- Not a topic that has been requested for training.</li> <li>- Discussion about ‘what if’ scenarios for emergency evacuations requires more consideration e.g. fire evacuation procedures.</li> <li>- Important to stop and think about how to safely manage scenarios particularly because it is ‘high stress situation’.</li> <li>- Principle-based approach is required, rather than prescriptive techniques.</li> <li>- Currently no NZ guidance – Jessie to make comment on MHANZ Forum.</li> <li>- Use of REBA score provides an evaluation of posture but Sue commented that it does not include all the criteria used in a typical REBA assessment.</li> </ul>

4.	<u>Ideas for future meetings</u> <ul style="list-style-type: none"><li>- New Arjo rep to demonstrate small SARA Steady – include stand aids from other companies e.g. Cubro?</li><li>- BMAT assessment for mobility</li><li>- Practise techniques for managing collapsed patients</li><li>- REBA assessments</li></ul>
Next meeting:	<b>Thursday 15 October 2020 from 1.00 pm to 2.30 pm</b>
Venue:	<b>To be confirmed</b>
Topic	Practise chair to floor techniques